



2010 Notice of Race

January 31, 2010

1. ORGANIZATION: The Lake Ontario 300 Yacht Race (LO300) is organized by the Lake Ontario 300 Committee under the authority of the Port Credit Yacht Club.

2. EVENT: The 2010 Lake Ontario 300 Yacht Race shall commence at 10:30hrs Saturday, July 17, 2010 from the waters off Port Credit Yacht Club.

3. MAILING ADDRESS: The Lake Ontario 300 Yacht Race, C/O Port Credit Yacht Club, 115 Lakefront Promenade, Mississauga L5E 3G6

4. INSPECTION: All yachts shall be inspected for the mandatory equipment requirements listed in Appendix A to the Notice of Race, available at www.lo300.org. The inspection may be undertaken by a Safety or Flag Officer of the entrant's Yacht Club, or by arrangement with the Lake Ontario 300 Safety Officer. A yacht must successfully complete this inspection prior to the start of the race.

5. RULES: The race shall be governed by the 'rules' as defined in the Racing Rules of Sailing 2009-2012 (RRS). Canadian Yachting Association Prescriptions found at http://www.sailing.ca/racing/racing_rules_of_sailing/ shall apply.

5.1 Advertising shall be permitted as per Category C, International Sailing Federation (ISAF) Regulation 20.

5.2 The International Regulations for Preventing Collisions at Sea, 1972 found at www.imo.org/Conventions/contents.asp?doc_id=649&topic_id=257 shall replace Part 2 of the "RRS" between 20:00hrs and 06:00hrs for the duration of the race.

5.3 Individuals and yachts shall comply with the mandatory safety requirements for this event which are listed in Appendix "A" to the Notice of Race found at www.lo300.org/registration_info_notice_race.php. The safety requirements are based on the 2009-2010 ISAF Offshore Special Regulations "Category 3 Monohulls." found at www.sailing.org/specialregulations.php

5.4 Rule 41 – "Outside Help" is modified herein to allow all forms of communication. Each yacht may communicate with any person, competitor, yacht or outside source of information available using any means available throughout the race.

5.5 The changes will appear in full in the sailing instructions. The sailing instructions may also change other racing rules.

6. FLEETS, DIVISIONS: Classes shall be divided into Spinnaker and White Sail Fleets. Multihull Classes shall be spinnaker only. Fleets shall consist of one or more Divisions based on IRC, PHRF-LO, or GLMRA rating. The LO300 shall assign yachts to Divisions based on number of yacht registered.

6.1 The Main Duck Island Course is open to fully crewed Multihull yachts, fully crewed and double-handed Monohull yachts racing under Spinnaker (with a maximum PHRF rating of 180 FS).

6.2 The Scotch Bonnet Island Course is open to fully crewed and double-handed Monohull yachts racing White Sails All NFS boats must compete on the Scotch Bonnet course. Spinnaker boats with a PHRF rating of 183 FS or more can also compete on this course.

6.3 Division Organization (Splits) and starting sequence shall be posted before 21:00 hrs July 16, 2010 on the Official Notice Board.

7. ELIGIBILITY / ENTRY: The LO300 Committee, upon application and subsequent review of technical evidence as to the heavy weather stability and crew comfort of a vessel may, at their sole discretion and without appeal, accept or reject such vessel as suitable for this race.

7.1 Monohull Yachts shall hold a valid PHRF-LO, or IRC certificate. Multihull Yachts shall hold a valid GLMRA certificate. Yachts shall meet the requirements of Appendix "A" of the Notice of Race, available at www.lo300.org.

7.2 Yachts entered in the Double Handed Class shall be crewed only by a skipper and one other crew, both of whom shall be not less than 18 years of age. Skippers in the Fully Crewed Classes shall be not less than 18 years of age, and at least one other crew member shall not be less than 18 years of age.

7.3 Eligible yachts may be entered in the race by registering online at www.lo300.org.

7.4 LO300 Registration shall be closed on **Wednesday, June 30th, 2010 at 18:30hrs.**

7.5 Supporting documentation for a complete entry includes all information requested in the online entry form as well as the yacht's valid rating certificate number, insurance information, crew information, payment of the entry fee and a completed, signed Appendix A to the Notice of Race. Any documentation not already submitted should be handed to the registrar during check in prior to the Skipper's Meeting.

7.6 DISPOSAL OF TRASH: This event is designated a CLEAN REGATTA by the Sailors for the Sea organization. By entering, all competitors agree to abide by CLEAN REGATTA Certification Level requirements. Boats observed discharging trash into the water will either be disqualified from all races the day that the infraction is observed or be subject to other suitable disciplinary action, or both.

8. SAIL NUMBERS, IDENTIFICATION: Competitors' yachts shall only display a sail number registered specific to the yacht at the time of its commission. Requests to display alternative sail numbers to the yacht's commission may be approved by the LO300 Race Committee if filed with the registrar prior to 19:00hrs on Friday July 16, 2010.

8.1 Each competitor provided with bow stickers shall place the stickers on the port and starboard bow of the yacht prior to the race.

9. FEE: \$185 (Can.) per entry Until March 31, 2010 and \$225 (Can.) afterwards.

10. SKIPPERS' MEETING AND SAILING INSTRUCTIONS: A representative of each yacht shall attend the Skippers' Meeting to be held at the Port Credit Yacht Club. The meeting shall be held on Friday, July 16th, 2010 and shall begin at 19:00hrs. The final Sailing Instructions shall be distributed at this meeting.

11. CHECK IN DURING THE RACE: Yachts shall file a mandatory Sail Plan with the Canadian Coast Guard (CCG) prior to 10:00 hrs on Saturday July 17th, 2010 but not before the Skippers' Meeting. Mandatory Call Ins shall be made to the Canadian Coast Guard (CCG) to report location every six (6) hours until the Sail Plan is closed. The procedure shall be defined in the Sailing Instructions.

12. STARTING TIMES: The Warning Signal for the first Divisional Yachts shall be at 10:25hrs on Saturday, July 17, 2010. The Starting System shall be posted in the Sailing Instructions.

13. THE COURSE:

13.1 The Main Duck Island Course shall be a 300 nautical mile clockwise circumnavigation of Lake Ontario. Starting at Port Credit, then on to Gibraltar Point Mark, Main Duck and Yorkshire Islands, Ford Shoal Buoy, Niagara Mark, PCYC Turning Mark and the Finish Mark. All marks of the course shall be taken to Starboard.

13.2 The Scotch Bonnet Island Course shall be a 190 nautical mile course starting at Port Credit, then on to Gibraltar Point Mark, Scotch Bonnet Island, Niagara Mark, PCYC Turning Mark and the Finish Mark. All marks of the course shall be taken to Starboard.

13.3 Marks shall be defined in the Sailing Instructions.

14. RACE TRACKING: The utilization of transponders to track the fleet is dependent upon the securing of sufficient sponsorship revenue to cover the cost. Participants shall be advised on, or before June 17, 2010 whether transponders shall

be supplied and the following provisions apply. The use of transponders shall be outlined in the Sailing Instructions.

15. SCORING: PHRF-LO time on time formula, IRC Rule and GLMRA shall be used. Yachts shall be scored in their own Fleets and Divisions. The L0300 Committee reserves the right to adjust the scratch sailboat when converting the PHRF-LO Time on Distance to Time on Time based on the registrations received by the deadline. The Time on Time ratings will be published along with the division splits.

16. AWARDS: Trophies and/or flags shall be awarded to the winning yachts in each Division and Fleet. Awards Night shall be Saturday September 25, 2010 at the Port Credit Yacht Club. www.lo300.org/registration_info_trophies.php

17. DISCLAIMER OF LIABILITY: Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own

risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

18. INSURANCE: Each participating boat shall be insured with a valid third-party liability insurance policy with a minimum cover of \$2,000,000 CAD per event for Canadian boats and \$350,000 USD for US boats.

19. FURTHER INFORMATION: For further information and for amendments to the Notice of Race, see www.lo300.org.

THE WORLD'S LONGEST ANNUAL FRESH WATER YACHT RACE